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SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

INTRODUCTORY PSYCHOLOGY

PSY 102-3

DIPLOMA NURSING

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SEPT. 1984

Tiit Tammik, Room E46 0, Ext. 228

New:

Revision:

INTRODUCTORY PSYCHOLOGY

Course Title

PSY 102-3

Course Number

INSTRUCTOR; T. TammiR

Office No. - E460, phone ext. 228

PROGRAM; Diploma Nursing

COURSE DESCRIPTION;

A study of the science of psychology; its methods, concepts and theories, including the topic areas of; . (1) brain, consciousness and perceptual processes; (2) language, intelligence, learning and memory; (3) motivation and emotion; (4) sex roles and inter-personal relationships and; (5) personality and therapy.

Psychological concepts and theories will be studied, with a view towards how they can be applied to enhance the student's understanding of psychological adaptation and the causes and consequences of human behaviour.

COURSE GOALS;

To develop an understanding of:

- 1) the science of psychology; its methods, concepts and theories,
- 2) human brain, consciousness and perceptual processes,
- 3) the basic principles of human learning, memory, language and intelligence,
- 4) the basic principles of human emotion and motivational processes,
- 5) the basic concepts and theories of human sex roles and inter-personal relationships
- 6) the basic concepts and theories of human personality and psychological therapies.
- 7) how psychological concepts and theories can be applied towards enhancing our understanding of the causes and consequences of human behaviour.

COURSE OBJECTIVES;

To be able to. critically discuss and demonstrate, through oral and written responses, an understanding of:

- 1) the methods, concepts and theories of the' science of psychology,
- 2) human brain, consciousness and perceptual processes,
- 3) the basic principles of human learning, memory, language and intelligence,
- 4) the basic principles of human emotion and motivational processes,
- 5) the basic concepts and theories of human sex roles and inter-personal relationships,
- 6) the basic concepts and theories of human personality and psychological therapies,
- 7) how psychological concepts and theories can be applied towards enhancing our understanding of the causes and consequences of human behaviour.

NOTE: Students should also refer to the course text's accompanying "Study Guide" for more specific learning objectives related to each chapter of the text.

METHODOLOGY:

Student learning will be facilitated by: lectures, seminar discussions, student oral presentations, audio-visual presentations and role"plays.

TEXTS:

- 1) ' The Psychology of Being Human, Brief Update, Third Edition
A. Rubin and E.B. McNeil
Harper and Row Publishing Company, 1983
- 2) Study-Guide for Rubin & McNeil's The Psychology of Being Human, Brief Update, Third Edition
T. Maul and R. McGlynn
Harper and Row Publishing Company, 1983

NOTE: Additional readings and/or student viewings of audio-visual materials may be assigned during the course, at the discretion of the instructor. The exact dates of tests referred to in the "Syllabus" section will be announced in class.

SYLLABUS:

SECTION #1

Topics;

- 1) What is Psychology? - research, theory, methods, experimentation and application

Assigned Reading - page 4 to 32

- 2) The Brain and the Nervous System - structure function and the effects of experience on the brain.

Assigned Reading - pages 38 to 64

- 3) Consciousness - the r.acure of consciousness - sleep,

Assigned Reading - pages 70 to 85 and 92 to 105

- 4) Perception - perception as an active process.

Assigned Reading - pages 123 to 137

NOTE: MID-OCTOBER TEST - covering all of SECTION #1 assigned readings

SECTION #2

Topics:

- 1) Learning & Memory - classical and operant conditioning, cognitive learning, memory and forgetting; behaviour control.

Assigned Reading - pages 138 to 171

- 2) Language, Thought and Intelligence - theories of "language development, concept learning and problem solving, intelligence. creativity and mental images.

Assigned Reading - pages 172 to 207

- 3) Motivation, Emotion and Stress - motives, theories of emotional development and stress.

Assigned Reading - pages 210 to 241

- 4) Personality - Freud's Psychoanalytic theory, Jung, Adler, and the Neo-Freudians, type, trait, social learning and humanistic theories.

Assigned Reading - pages 248 to 277

NOTE: MID-NOVEMBER TEST - covering all of SECTION #2 assigned readings

SECTION #3

Topics

- 1) ' Psychological Disorder - defining abnormality, anxiety, depression and schizophrenia

Assigned Reading -- pages 300 to 309

- 2) Therapy - insight, behavior and psychoanalytic therapies
- does therapy work?
- therapy and responsibility
- the therapy market place

Assigned Reading - pages 392 to 421

- 3) Relating to One Another: Female and Male:

- psychological differences between men and woman
.- biology and culture: explaining the differences,
- human sexuality and changing sex roles,

Assigned Reading -- pages 428 to 459

- 4) Social Relationships

- needing and perceiving others,
- liking, loving and leaving others,
- prejudice and racism

Assigned Reading - pages 460 to 489

NOTE: MID-DECEMBER TEST - covering all SECTION #3 assigned readings

EVALUATION;

Students will be responsible for regular attendance and class participation in all areas of the course as outlined and for all readings, assignments and tests as requested. The course evaluation system can be modified at the discretion of the instructor.

Students will be required to do an oral class seminar presentation (approximately 20 minutes duration) with a partner, on a topic of their choice that is within the scope of this course. Topics are subject to approval of the instructor. Topic suggestions, scheduling and evaluation criteria, of presentations will be discussed in class.

The final course grade will be determined as follows:

Attendance and Participation	10%
Section #1 Test	25%
Section #2 Test	25%
Section #3 Test	25%
Oral Seminar presentation with partner	15%

A grade of A, B, C, or R will be awarded upon completion of the course, in accordance with the grading policy of Sault College.

i.e.; A = 80 to 100%
B = 70 to 79%
C = 60 to 69%